

# WELCOME

Juide



#### Welcome!

I am so honored and excited to have you involved in the amazing weekend ahead. As a special needs mom, I understand how difficult it is to make yourself a priority, but what I have learned over the last 18 years is that to give your best, you have to be your best. And that includes learning how to take care of your mind, body, and spirit. That is what I am here to help you with! The events and activities have been specially selected to help us all think, grow, and put ourselves first in our otherwise crazy and busy lives. I cannot wait to see you at the cabin.

Owner, and Coach of Warrior Fitness

Stephanie



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### BEFORE WE GET STARTED:

If anyone needs a ride-share from the ATL airport, please reach out to me directly, or post in the WW FB group you will be added to within a few days of ticket purchase. I really don't want anyone having to rent a car or drive those 2 hours on your own.

I am going to do a cash/carry sale on all remaining merch and gear that I have. I will take cash, Paypal, or Venno. Currently, I have gear sizes XS-Large, shakers, stainless cups with resusable straws, soft coolers, drawstring bags, canvas totes, beach towels, funnels for powdered supps, and a few notepads. I will also be bringing my back-in-stock resistance bands. Just wanted to give you the head's up, so you can leave room in your bag for anything you might buy PLUS your awesome swag bag! Prices will be cheaper than online and obviously no shipping!

In this guide you will find:

- About Blue Ridge, GA
- Basic details (you will receive additional guide with specifics closer to date)
- Packing List
- Private Facebook Group

I do ask in advance other than your family/emergency contact that you do not share cabin location, directions, or numbers with anyone else for our own safety and out of respect for my mom and the other owners we are renting from. While we are there, you are more than welcome to show things on social, but keep location to just "northwest GA" please.

For packing purposes, you can follow weather for Blue Ridge, GA. Pack light. Pack casual. You don't need to bring anything other than clothes, shoes that might get dirty (dirt road/hiking/working), a bag for dirty shoes to travel back in, your personal items and toiletries, and your supps.

All cabins are stocked with linens, paper products, food, snacks, filtered water pitchers. Bring a reusable water bottle too. I will have Level-1 in a few flavors, Level-1 and VPP bars, and Energy Drinks. You will need to pack anything else you use daily. You can travel fine with supps in your carry-on or checked bags.



Luxury mountain cabins, stunning views, hiking trails, waterfalls, wineries and craft breweries, galleries, shops and friendly people.

Blue Ridge, only 90 miles north of Atlanta via via I-575 on the Georgia-Tennessee-North Carolina line. With 106,000 acres of Chattahoochee National Forest, 300 miles of hiking trails and 100 miles of trout streams, Blue Ridge is the

perfect place for a romantic getaway, family vacation, mountain vacation home, retirement or new location for your business. Blue Ridge was ranked by Southern Living Magazine as one of the 2021 South's Best Mountain Towns, and 2019 Top Small Mountain Towns for Retirement. Take a ride on the Blue Ridge Scenic Railway, following the Toccoa River to the town of McCaysville. Sample craft breweries, wineries, surprisingly upscale shops, galleries and restaurants. Hike to a local waterfall on the Appalachian Trail, tube or kayak the Toccoa or go whitewater rafting on the Ocoee River.



# LOCAL ATTRACTIONS



#### **Mercier Orchard**

8660 Blue Ridge Dr, Blue Ridge, GA 30513 Tel: (706)632-3411 https://mercier-orchards.com

### DOWNTOWN BLUE RIDGE



#### **Downtown Blue Ridge**

FANNIN COUNTY CHAMBER OF COMMERCE 152 Orvin Lance Drive, Suite A Blue Ridge, GA 30513 Tel: (706)632-5680 https://www.blueridgemountains.com



#### **Rum Cake Lady Cuban Cafe**

205 W First St, Blue Ridge, GA 30513 Tel: (706) 946-4525 rumcakelady.com

(great rum cakes, Cuban sandwiches, Cuban coffee)



# LOCAL ATTRACTIONS



#### Poole's BBQ

164 Craig Street East Ellijay, GA 30540 Tel: (706) 635-4100



#### **Pink Pig BBQ**

824 Cherry Log St, Cherry Log, GA 30522 Tel: (706)276-3311 https://www.pinkpigcherrylog.com

### OTHER LOCAL ATTRACTIONS

ADDITIONAL FOOD+ DRINKS

THINGS TO DO

SHOPPING

TELL THE STORY
OF THE MOUNTAIN
YOU CLIMBED.

YOUR WORDS
COULD BE THE
PAGE IN
SOMEONE'S
SURVIVAL GUIDE.

MORGAN H. NICHOLS





DATE: Thursday, 10/3/24 - Sunday, 10/6/24

Check-in time: Thursday @ 4:00PM

\*\*No early arrivals please\*\*

Check-out time: Sunday @ 11:00AM

LOCATION: Outside of Blue Ridge, GA.

Please note: you are paying for a spot. This does NOT mean you will have your own bed or room. To accommodate 20 guests, most will be sharing a

queen bed and room. We do our best to accommodate roommate requests per the

information form (linked below).

PRICE

INCLUDES: • All food

All drinks

Lodging (in a bed) • Events

Personal development

sessions

• Exclusive Warrior Weekend swaq!

PLEASE COMPLETE INTAKE BEFORE JULY 1ST, 2024

WE WILL BE SENDING OUT DETAILS GUIDE IN SEPTEMBER.

WARRIOR WEEKEND INTAKE + FOOD PREFERENCES



-WARRIOR- WEEKEND	
BASICS Credit / Debit Cards ID / License Tickets / Itinerary	TOILETRIES  Toothbrush / Toothpaste Deodorant Brush Feminine Hygeine Products
CLOTHING Underwear Socks	Eye Glasses / Contact Lenses  Skin Care
Undershirts/ Bras Workout Clothes Jeans	MISC.  Extra room in luggage for swag bag & trunk sale!  Chargers  Sunglasses  Prescriptions  Vitamins / Supplements  Reusable water bottle
Redneck Games Gear (Go all out!)  Sneakers  Hiking shoes/boots (optional for hike)  Slip on shoes (around cabins)	
Hoodies (if you get cold easily) Comfy Sweatpants Pajamas	
Campfire clothes + Plastic bag to throw them in Black leggings or black/dark hiking pants Athletic shorts (dark color) Gloves/hat (weather dependent)	n after :)
Bathing suit or shirt/shorts that can get wet  Beach towel  Gallon zip bags for dirty/wet/campfire clothes	
Clothes that can get dirty for cleaning/PAINTING at foster home  Shirt you can paint in for foster home (weather preference)  Tennis shoes that can get dirty for when we clean/paint at the foster home	

# CHEERS TO MAKING NEW FRIENDS!



For packing, dress casual. You will need jeans or shorts for our Friday work day at the foster home. Tennis shoes or hiking boots. Your dress-up clothes for Redneck Games!

### CHECK OUT FACEBOOK GROUP





Make-up is unnecessary. All we need is comfy amongst friends!!!

### ADDRESS OF MAIN CABIN:

# 717 Tranquil Acres Epworth, GA 30541

Gate code: 2238 Landline: 706-492-5658

My cell: 678-898-8584 (you can iMessage me or fb messenger. My calls or VM don't come through a lot of times. Cell service is zero after the gate (another 1.5 miles after the gate to the cabin), so they need have this info accessible w/out cell service just in case

Please do NOT share on social/outside of with their emergency contacts

### DIRECTIONS FROM ATL:

Take I - 75 North to I - 575 North, (Exit 268)
I - 575 will become I - 515 North bound, this is a direct route to Blue Ridge, GA.
The distance from Exit 268 to the red light at the intersection of Hwy 515 & Hwy 5 in Blue Ridge, GA is 71.7 miles (McDonalds on your left, United Community Bank on your Right).
Turn left onto Hwy 5 at the intersection of Hwy 5 and Hwy 515 North
Follow HWY 5 North 7.6 miles to a Left on Old Hwy 5 (in front of Abernathy's Furniture Store)

Follow this for .1 tenth of a mile turn right onto Madola Road.

Follow this .5 tenths of a mile to stop sign.
Go straight through the stop sign and go .7
mile to a right on East Pierceville Rd (to the right side of the church parking lot)
Follow this for .1 to a right at the gate to
Tranquil Acres community

Community Gate Code is 2238

Go through gate and follow 0.6 mile to fourth cabin on left.

